



ACHARYA INSTITUTE OF GRADUATE STUDIES

(NAAC Re - Accredited 'A' Grade and Affiliated to Bengaluru City University)

Soladevanahalli, Bengaluru-560107

ISR activity On Career planning

The Department of Commerce (PG), AIGS organized ISR activity on 30/11/2021 at Bhagalguntay government high school on career planning for 10th standard students.

The program's aim was to identify their strengths, skills, and interests that help them to determine the best career path for their future. Our M.Com III Semester students interacted with 10th standard students.

Ms. Lakshmi gave the brief idea on the importance of setting the career goals. She said that successful career decisions are based on current and accurate information.

Ms. Devika and Ms. Sheela described briefly the courses available in arts stream. They explained the opportunities available in the field of arts.

Ms. Keerthana and Mr. Sanjay highlighted on the importance and courses available in science stream. They explained the employment opportunity scenario in the field of science education.

Ms. Sushmitha spoke on Commerce education. She explained the importance and need of commerce education in the present business days.

Mr. Sharath highlighted on general skills which will be required regardless of the career you pursue. These skills include the ability to read, write, compute, think critically, and communicate in an effective manner. For the most part, these skills are developed and/or sharpened in general education courses. These skills, along with effective career planning techniques, and the ability to cope with ambiguity in a changing environment, will enable you to overcome obstacles throughout your work life.

The program concluded with the valedictory session. It began with a brief outline of the sessions of the ISR activity by student coordinator Mr. Manjunath. This was followed by a brief feedback session from the participants.

Mr. Venugopal, Head master expressed satisfaction about the activity conducted by department of Commerce PG, AIGS and motivated our students to conduct such type of program in the future.



Chart Presentation

On 16-11-2021, the Department of Management, AIGS has organized a chart presentation on consumer awareness for 1st year 1st semester BBA Students. The presentation started at 11:00 am and ended at 12:30 pm in lobby, AIGS block. Around 17 students attended and participated in the presentation.

Some selected students were given opportunities to gather in-depth knowledge regarding consumer awareness topic and that information was shared by those students for entire AIGS crowd which includes the students and faculties of different department.

The students who participated in the presentation were addressed by HOD and guidance was provided for further improvement.

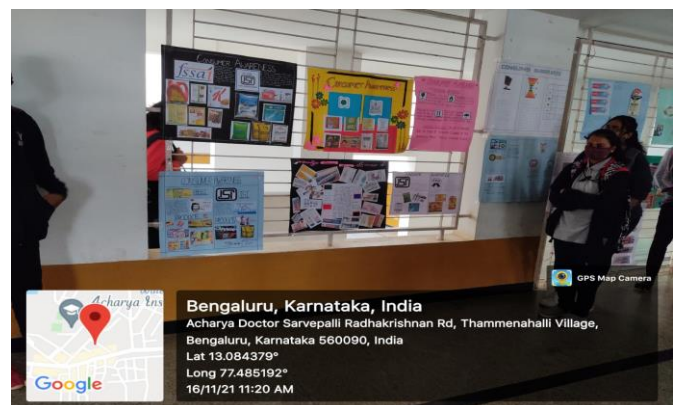
All the students got exposure towards the topic and enjoyed with the knowledge sharing session.

Takeaways from the Activity

- ✓ Exposure towards the topic
- ✓ Awareness on consumer rights

The activity was interactive and all the students enjoyed along with gathering information regarding consumer awareness.

I would thank our management department and HOD for the support

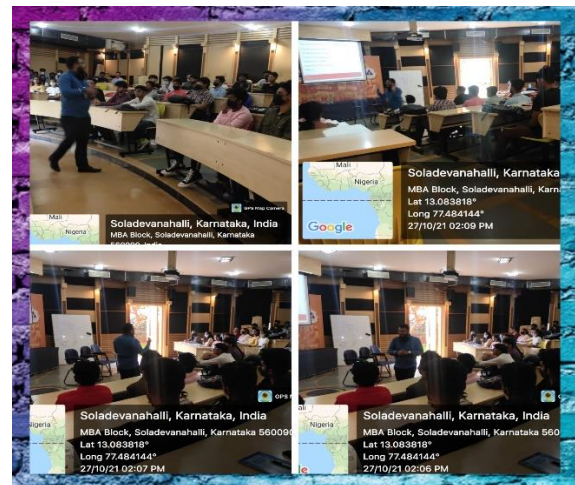


Personality development on Human Values

The Department of Management conducted a talk related to *Personality development on Human Values* by the internal resource person **Mr. Chetan K V**, Assistant Professor, Department of Humanities, Acharya Institute of Graduate Studies at MBA Auditorium on 27th October 2021 Wednesday from 10.30 AM to 12.00PM (Batch 1) and 2.00PM to 3.30PM (Batch 2) for first year BBA students. The session was attended by 103 students

The objectives of the session:

1. Reminding ourselves of values.
2. Fraternity- Sense of brotherhood.
3. Being Good.
4. Benefits-Self, Society & Nation.
5. Essence of patience & Time in life.
6. Happiness.



PERSONALITY DEVELOPMENT

Department of Computer Applications organized a Guest Talk on “Personality Development-Human Values” on 25th October 2021. The session was delivered by Mr. Chethan KV, Assistant Professor of Acharya Institute of Graduate studies form the Dept of Humanities.

The Session was started by welcoming the Guest speaker by the Final year student Ms. Akshit followed which, the session was taken over by the guest.

The speaker started by encouraging students to set goals and work towards them effectively by using the below strategies:

- Set your goals for the future
- Formulate your written plan
- Make a list of skills that you need to acquire

In addition, the speaker also addressed the students regarding the importance of human values including respect, acceptance, consideration, appreciation, listening, openness, affection, empathy and love towards other human beings.

Finally the Vote of Thanks was given by the Dept. HOD Mr. Ramakrishna CN, followed by the event coordinators, Ms. Yamuna P, Ms. Archana Bhaskar and Ms. Shruthi HK.



INSTITUTIONAL SOCIAL RESPONSIBILITY ACTIVITY - SIDDAGANGA MUTT, TUMKUR

On 18th August 2021, faculty members headed towards carrying out Institutional Social Responsibility at Siddaganga Mutt which was planned a long ago but kept on hold due to Covid Pandemic.

After the faculty enrichment programme in Devarayanadurga and Namadha Chilume, faculty members reached the Mutt at around 2, Post lunch faculty members were awaiting the arrival of the person through whom the department carried out the ISR activity of distributing the books. Faculty members greeted the staff member who coordinated with the department. Sir gave some brief introduction of Mutt to the faculty members, number of students studying there, courses and their low fees to the faculty where it was an awestruck moment to the faculty members where everyone felt it is the real service to the society.

Faculty members met the head of the Mutt, got blessing from him and distributed the books where they got the awakening feeling to serve to the society. They also promised for themselves that they would inculcate the habit of service in their future which would benefit the needy.

The overall feedback of ISR activity was too good and had some true meaning in it.





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DEPARTMENT OF PSYCHOLOGY & NATIONAL SERVICE SCHEME (NSS)

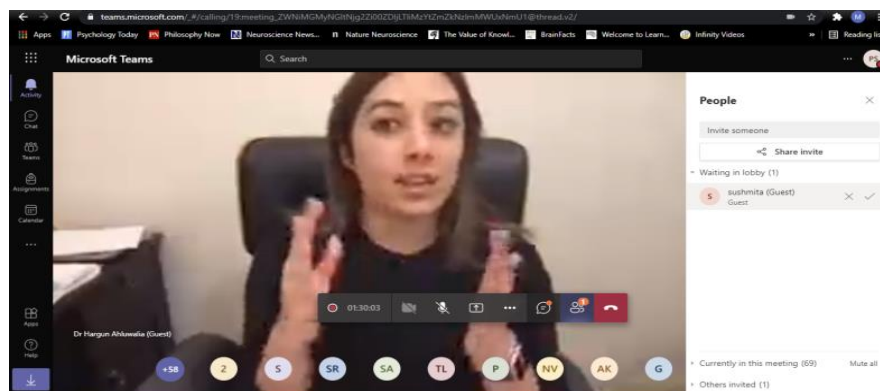
Awareness Program on the occasion of WORLD NO TOBACCO DAY on 31st May 2021

“SMOKING: PREVENTION TO TREATMENT”

A virtual webinar titled “Smoking: Prevention to treatment” was organized by the Department of Psychology, in correspondence with the NSS team of AIGS, on 31st May 2021, via the Microsoft Teams Platform. The two main objectives to the program were to increase awareness among students and staff on the importance of smoking cessation and to understand the interventions for tobacco cessation. Dr. Hargun Ahluwalia, practicing as a Clinical Psychologist and Psychotherapist, was the guest speaker for the day.

The event started at around 5:30 pm and observed an active attendance of students and teachers from various departments. After a warm welcome, the speaker commenced the talk by giving a brief introduction to the effects of tobacco. As the event moved further, she discussed her experience with those who wish to quit tobacco. Her observations through experience ignited motivation among the listeners. The physical and psychological withdrawal symptoms experienced during rehabilitation were thoroughly discussed. The presentation consisted of a detailed yet simple information on what goes through people with an addiction to tobacco, why they find it difficult to break out of it and how a third person can extend a helping hand.

In the end of the session, Dr. Ahluwalia conveyed that the given information can be applied to many different forms of addictions and not just that of tobacco. Once the presentation was done, the questions asked by the participants were clarified. Dr. Gurunath Rao Vaidya, Principal of AIGS, appreciated and thanked the guest for sparing time and sharing her knowledge. The event ended around 6:30pm and was concluded with a vote of thanks. Overall, the session was a huge success and received numerous positive feedbacks.

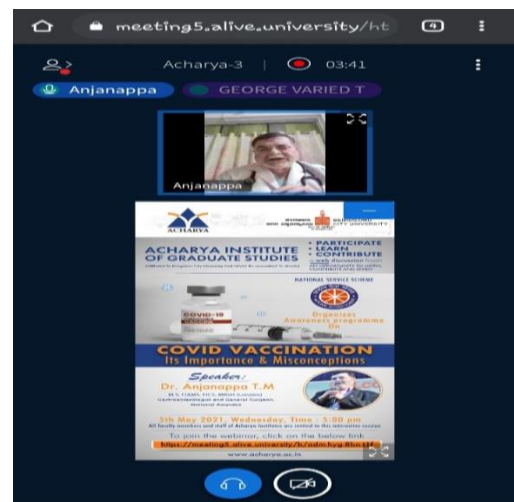
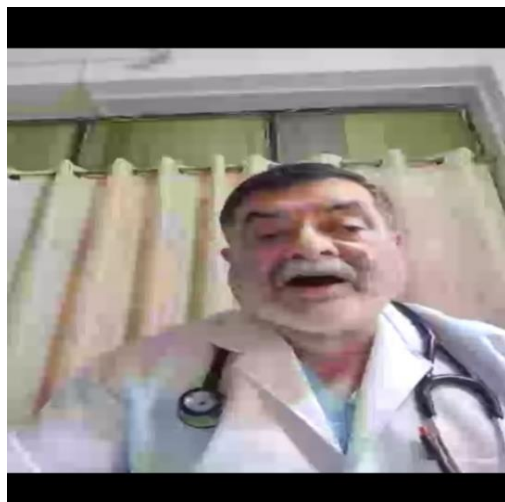


COVID VACCINATION – It's importance & Misconceptions”

The NSS Unit of Acharya Institute of Graduate Studies had organized the third online interactive session “*COVID VACCINATION – its importance & Misconceptions*” with Dr. Anjanappa.T.H on 5th May 2021. The students, faculty and staff members of AIGS & AI were invited to this interactive session.

Once again Dr. Anjanappa.T.H delivered very valuable and useful information regarding the spread of Corona virus and the importance of Vaccination in difficult times with his deep knowledge and expertise. He also spoke about the myths and misconceptions about the vaccination process and emphasized on the need of getting vaccinated. Dr. Anjanappa also made it clear that after getting vaccinated, there are still chances of getting affected with corona virus. So it was a precautionary measure to ease the severity of the virus attack and also to protect. Vaccination is given to make the immune system learn to fight an infectious disease which makes it essential. He explained how the vaccine is created and the stages of action in human body resulting in developing an immune response to the virus. Dr. Anjanappa also spoke about the possible side effects of vaccination and about the mild symptoms that could arise which would not be serious. The resource person was to his best in clearing the misconceptions on vaccination with his utmost knowledge. The listeners used the opportunity of clearing their queries without hesitation which made them aware of the pros and cons of vaccination. Participants were extremely happy to attend the session till the end which was rather informative, interactive and useful.

The session was the need of the hour to create awareness among the Acharya community and the NSS Unit could take the pride of organizing such a session for the better benefit of the community.

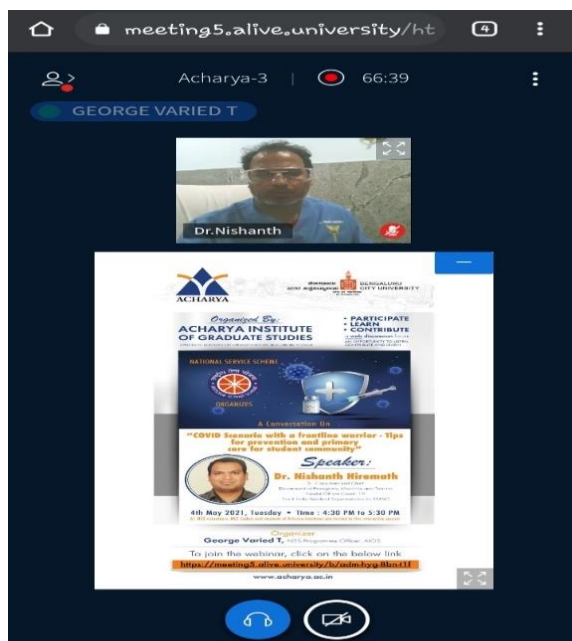


“COVID scenario with a frontline warrior - Tips for Prevention and Primary Care for Student community”

The NSS Unit of Acharya Institute of Graduate Studies had organized an online interactive session “COVID scenario with a frontline warrior – Tips for prevention and primary care for student community” with Dr. Nishanth Hiremath on 4th May 2021. The NSS volunteers, NCC cadets and students of AIGS & AI were invited to this interactive session.

Mr. Sumath welcomed and introduced the guest to the gathering and later moderating the session. “Prevention is better than cure” as a proverb says Dr. Nishanth Hiremath gave the best tips that to be followed to prevent the infection of covid-19 virus. Dr. Nishanth started with a real scenario seen in the casualty which was really frightening. By giving a picture about the worst scenario of affected patients and deaths, he could make the student community about their roles in protecting themselves as well as the community by following the COVID guidelines. Students could get to know about the safety measures and could clarify their doubts and misconceptions. The resource person also gave information on primary care which they could make use of in difficult situations. Dr. Nishant Hiremath played a vital role in educating and motivating the students by his realistic talk on the pandemic condition and the role of NSS volunteers and students in preventing the spread of the virus.

The session ended with the vote of thanks by Ms. Tejaswini thanking Dr. Nishanth Hiremath for his valuable time given for creating awareness amongst the student community as well as all those who worked behind the session. The NSS unit could be proud once again for organising such a useful and enlightening session for the benefit of the Acharya student community.



STUDENT TRAFFIC AMBASSADOR PROGRAMME

The event was organized by Acharya NCC on 6/3/2021 in association with RTO department Arishinakunte,

Officials of RTO and Police Inspector of Soladevanahalli station visited the college and they spoke about road safety and its importance and shared reports of accident rates in India and how we can work towards reducing them,

Cadets and staff members were issued RTO ambassador helmets at a cost of 300 Rs only, after which all the participants took an oath to follow road safety rules. The event was graced by Principal AIGS and ANOs Acharya NCC.



AWARENESS PROGRAM ON SNAKES AND FIRST AID FOR SNAKE BITES

The NSS Unit, AIGS organized an awareness program on “Snakes And First Aid For Snake Bites” along with the Orientation program for the 1st years and the inauguration of the NSS activities for the academic year 2020-21 on 19thFebruary 2021. The resource person for the talk was Mr. Atul Pai, a snake rescuer, from Mangalore Rescuers who works in the corporate. Mr. Atul in his talk spoke about various kinds of snakes, their characteristics and the extent to which they could be poisonous. Later, he asked about various misconceptions that students had about snakes and cleared with scientific explanations. Since the gatherings were very curious he also demonstrated about how they would rescue or catch snakes and the safest method to do it. Mr. Atul had carried some equipment to demonstrate how the process happens in a safe manner and also showed few videos of snake rescuers getting bitten in the process. After the demonstration, there was an interactive session where the students cleared a lot of queries making the session a very fruitful one. After the vote of thanks, Mr. Atul was handed a memento by Musthafa, senior NSS alumni as a token of appreciation.



PULSE POLIO DRIVE TRAINING FOR NSS VOLUNTEERS

The National Immunization Campaign - Pulse Polio Drive was organized from 31st January to 2nd February all over Karnataka with an intention of eradicating Polio from the State and the same was initiated at the Govt. Primary Health Care Centre, Dwarakanagara, Chikkabanavara. Along with the health department 20 NSS Volunteers from NSS Unit, Acharya Institute of Graduate Studies had joined hands with the Health centre to actively be a part of this program. On 28th January 2021, Dr. Jayram, Medical Officer and few nurses from the GPHC had visited AIGS and given training to the volunteers thereby giving them a clear and vivid picture of the entire Pulse polio program.



Mobile Blood Donation Drive

On the occasion of Martyrs Day, the NSS Unit of AIGS organized a voluntary Blood Donation Drive in association with LIONS Blood Bank. The NSS volunteers had created awareness on the need and benefits of Blood donation on 29th Jan 2021. Like all other years, during the COVID time also, the camp turned to be a grand success by collecting 90 units of blood on a whole by LIONS Blood Bank. Around 40 NSS volunteers controlled the whole mob and the program concluded without any casualties. Finally, a memento was presented by LIONS Club to Mr. George V.T, NSS Program Officer, AIGS as a token of appreciation. This blood donation drive also marked the 10yrs of initiative by the NSS Unit, AIGS of Blood Donation Drives in association with LIONS Blood Bank.



**NATIONAL SERVICE SCHEME COVID-19 VACCINATION DRIVE in
Association with GOVT. PRIMARY HEALTH CARE CENTRE,
CHIKKABANAVARA**

The National Service Scheme (NSS) Unit had associated and rendered voluntary support for the COVID Vaccination Drive held on 20th and 25th January 2021 at Govt. Primary Health Care Centre, Dwarakanagar, Chikkabanawara. The major aim of the drive was to provide COVID vaccination for the COVID Health warriors. A team of four NSS volunteers, along with the support of the NSS programme officer, Mr. George, rendered voluntary service at the PHC by working as vaccination officers.

Mr. Suresh, Grampanchayat leader and Dr. Jayram, Chief Medical Officer, along with ASHA workers and NSS volunteers inaugurated the event on 20th Jan 2021. After a brief introduction by Dr. Jayram about the drive, the vaccination process started. The NSS volunteers had to register and collect the details of each person who came for vaccination and later check their temperature as well as enquire if they had any queries about the vaccination. The same task was carried out by the volunteers on 25th January 2021.

The hospital authorities appreciated the efforts and commitment of the NSS volunteers in making the COVID vaccination drive a success.



**NATIONAL SERVICE SCHEME - COVID-19 VACCINATION DRY RUN AT GOVT.
PRIMARY HEALTH CARE CENTRE, CHIKKABANAVARA**

The National Service Scheme (NSS) Unit had volunteered for a COVID Vaccination Dry Run on 13th January 2021, held at Govt. Primary Health Centre Chikkabanavara, Bengaluru.

4 volunteers, along with the NSS programme officer, Mr. George, took part in the event under the guidance of Dr. Jayaram, Medical Officer, where the volunteers were asked to take the printouts of importance of vaccination, ways to wash hands, importance of wearing mask and using sanitizer. Then, the volunteers pasted posters around the walls of hospital and did the necessary arrangements for the COVID vaccination process to be held on 20th Jan 2021.

The NSS team of AIGS took a good initiative to prepare for the COVID vaccination drive and to join hands with the health workers in the process.





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GUEST LECTURE ON PUBLIC HEALTH

The Department of Social Work had arranged for a guest lecture on Public Health dated on 12/1/2021 and 13/1/2021 for the post graduate students of social work. The guest lecture speaker was Dr. Lekshmi Menon who is a practitioner in the field of homeopathy, Kerala. The speaker addressed the importance of public health and the following key points were discussed as part of the guest lecture.

Key Points:

- Coma: Symptoms, causes and management
- Epilepsy: symptoms, classification, causes, risk factors, and complications.
- Stroke: Symptoms, causes, risk factors.
- Myocardial Infarction: Clinical features
- Ischemic Heart Disease: Risk factors, Complications.
- Congenial Heart Diseases: Causes
- Nutrition as a foundation of life
- Malnutrition
- The cycle of under nutrition
- Geriatrics: Problems due to ageing / associated with illness, Healthy ageing
- Arthritis: Types, symptoms, risk factors
- Alzheimer's Disease: Symptoms, risk factors, heart health
- Cancer: Causes, control, education
- Parkinson's Disease
- Asthma
- Diabetes
- Female genitor-urinary disorder

As public health is a very important subject for the students of social work. Thus these two days guest lecture by Dr. Lekshmi Menon, put light on the approach of learning public health in post graduate education. Students were able to learn about various diseases and its preventive measures which would definitely help them while working in the community.

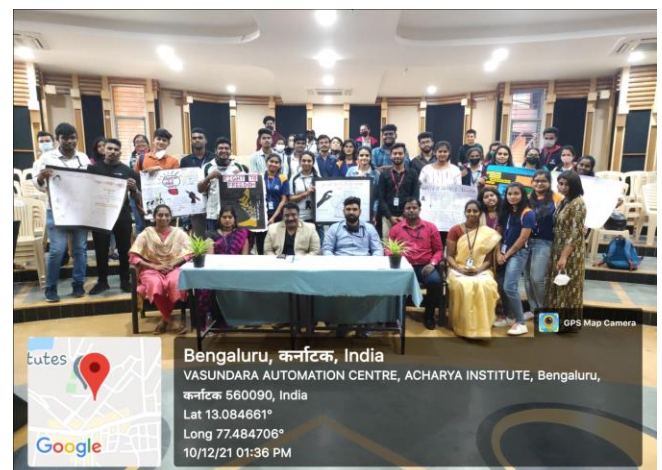
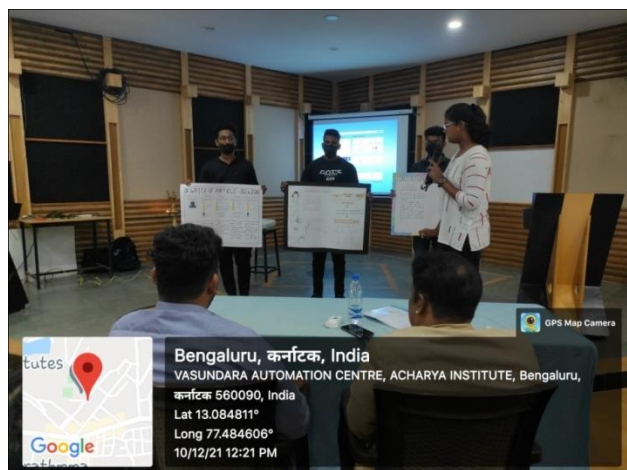
Human Rights Day Event

Human rights Protection Cell and Department of Criminology organized a Human Rights Day Event for students on 10th December, 2020. It was an offline program conducted at the Mechanical Block Auditorium. The objectives of the program were to emphasize on the rights to life, liberty, and security, fair trial by law, freedom of thought, expression, conscience, association, freedom of movement, the right to equal pay for equal work, the right to form and join trade unions, the right to health care, education, adequate rest, etc.

Mr. Vasanth Kumar, who's been working as an advocate for the past 25 years was the chief guest. Dr. Theju Kumar, head of the criminology department was one of the individuals on the dais. Faculty coordinators Ms. Parimala, Ms. Sowmya and Ms. Gayatri contributed their valuable presence.

The program was inaugurated formally with the lamp lighting ceremony by the Chief guest, faculty coordinators, and student representatives. Moving forward, Mr. Vasanth Kumar addressed the gathering, followed by Dr. Theju Kumar who shared valuable input to the gathering

Later the stage was occupied by students with posters representing the "rights of the human being". The main aim of the participants was to enlighten the idea of human rights. The program was continued with debate competition on the topic "rights of prisoners behind the prison wall". The program continued for 3 hours and was successfully done with the coordination of each and everyone joined and participated.





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Beware and Be Aware of the Propaganda' – 'Workshop on fake news eco-system

Department of Journalism and Mass Communication organized a workshop on “In the Fight against Misinformation, Empowering Citizens in India through News and Information Literacy” on November 25, 2020. Dr. Sapna M.S., Associate Professor at the University of Mysore and also a Factshala Trainer, conducted the workshop in virtual mode using the Acharya Alive platform.

Dr. Sapna explained the participants about the types of fake news including the difference between misinformation, disinformation and propaganda. She demonstrated various ways to detect the false information and be aware of its traits. She called the attention of students to the gory incidents like communal riots and lynching that followed after rumors became viral through Whatsapp and other social media platforms.

She concluded with the appeal that the participants should apply the methods taught in the workshop to debunk the propaganda and also refrain from sharing any unverified content.

Under-graduate and Post-graduate students of Journalism and Mass Communication participated enthusiastically in the workshop. Principal of AIGS, Dr. Gurunath Rao Vaidya graced the occasion and endorsed the appeal of the speaker and thanked her.

The event was coordinated by Assistant Professor, Ravinandan B. B. Faculty members: Koushik R, and Akshatha J. were part of the organizing team. Assistant Professor, Premavathi M., also participated.

A Webinar on Right to Information Act-Perspective, Perception and Promotion

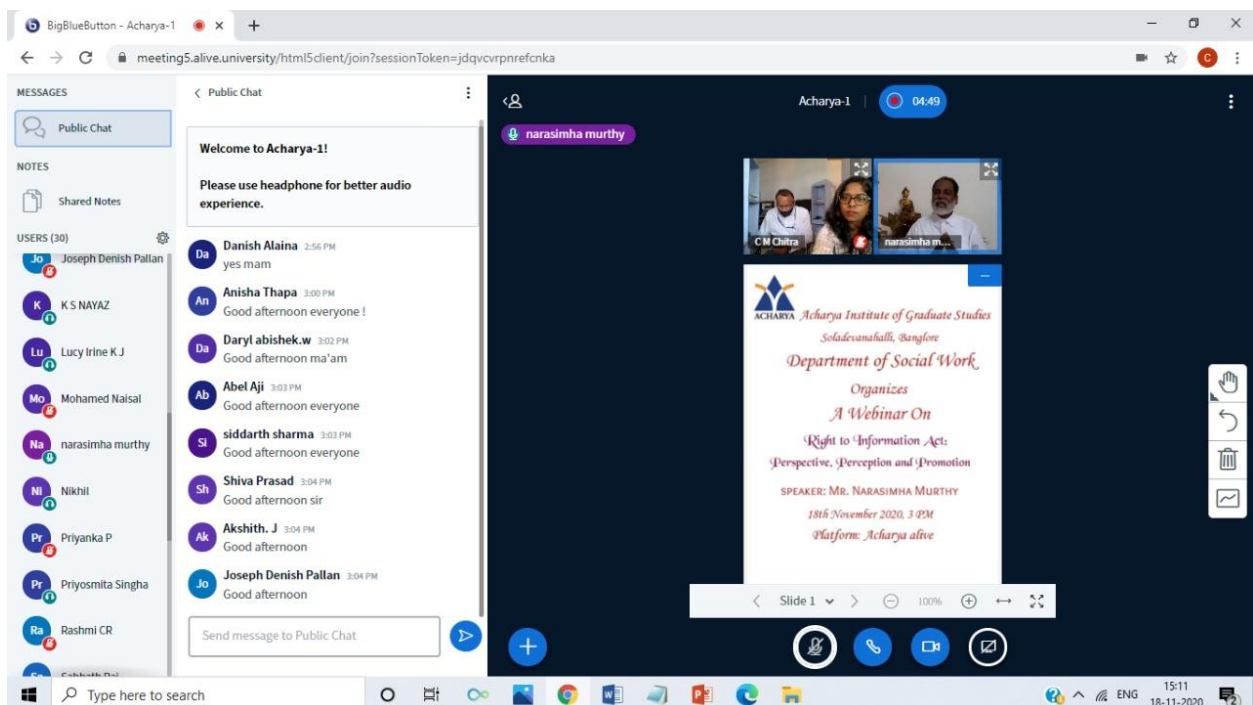
Right to Information Act, 2005 was enacted by central government to provide for setting out the practical regime of right to information for citizens and came into force on 12 October 2005. It sets out the rules and procedures regarding citizens' right to information. This right empowers the citizen to question the government by seeking information available with government or under control of government. A citizen can seek all type of information except private or confidential information.

The Department of Social Work, AIGS, organized a webinar on Right to Information Act: Perspective, perception, Promotion on 18th November 2020 from 3:00PM to 4:30PM to bring about an awareness and understanding of what is the RTI act and its procedures. The students of BSW were part of the session.

The speaker addressed the students about RTI, its procedure of application, and the time period for supply of the information. The speaker also discussed with the students on certain topics on how they would file an RTI and whom to address the application to.

While answering to all the above subjects, he also shared his own experiences from over the years applying for different RTIs, being in the news and expressed his thought about how powerful is this right and many of us do not utilize this and we must be aware citizens and consumers, only then will the change we desire will come into picture.

The session ended with vote of thanks and the feedback forms were sent to the participants.



The screenshot shows a Zoom meeting interface. On the left, there is a 'Public Chat' window with a list of users and their messages. The chat messages include: 'Welcome to Acharya-1!', 'Please use headphone for better audio experience.', 'Danish Alaina 2:56 PM yes mam', 'Anisha Thapa 3:00 PM Good afternoon everyone!', 'Daryl abishek.w 3:02 PM Good afternoon ma'am', 'Abel Aji 3:03 PM Good afternoon everyone', 'siddarth sharma 3:03 PM Good afternoon everyone', 'Shiva Prasad 3:04 PM Good afternoon sir', 'Akshith. J 3:04 PM Good afternoon', and 'Joseph Denish Pallan 3:04 PM Good afternoon'. Below the chat is a text input field 'Send message to Public Chat'. The main meeting area shows a slide titled 'ACHARYA Acharya Institute of Graduate Studies Soladevanahalli, Bangalore Department of Social Work Organizes A Webinar On Right to Information Act: Perspective, Perception and Promotion SPEAKER: MR. NARASIMHA MURTHY 18th November 2020, 3 PM Platform: Acharya alive'. The slide also features a small video thumbnail of the speaker, Mr. Narasimha Murthy, and two other participants, C.M. Chitra and narasimha m... The meeting controls at the bottom include a microphone icon, a video icon, and a chat icon. The system tray at the bottom shows the time as 15:11 on 18-11-2020.