



ACHARYA INSTITUTE OF GRADUATE STUDIES

(NAAC Re-Accredited 'A+' Grade and Affiliated to Dr. Manmohan Singh Bengaluru City University)

Soladevanahalli, Bengaluru-560107

DEPARTMENT OF PSYCHOLOGY

Report Submission: 12/06/2026

Semester: EVEN

Academic Year: 2025–26

Venue: Webinar (Gmeet)

Date: 20/05/2026

Time: 4.00PM - 7.00PM

Duration: 3 hours

TYPE OF EVENT: GUEST TALK

EVENT NAME: CAREER COUNSELING & OPPORTUNITIES IN PSYCHOLOGY:
PATHWAYS, SKILLS AND FUTURE SCOPE

Target Audience: 6th sem BA & 4th sem MSc HRM students

Number of Participants: 12

Objectives:

1. To provide a comprehensive overview of diverse career opportunities in psychology, including Counseling, Organizational, and emerging fields.
2. To create awareness about educational pathways, certifications, and licensing requirements in both the Indian and global context.
3. To help students identify and understand the key skills and competencies required for success across different psychology domains.
4. To introduce students to career counseling frameworks and structured decision-making strategies for informed career choices.
5. To enable students to develop a personalized career plan through the “My Career Map” interactive activity.

Program Introduction:

The Department of Psychology organized a Guest Talk on "Career Counseling & Career Opportunities in Psychology: Pathways, Skills, and Future Scope" on 20th May 2026. Ms.Satabdee, Assistant Team Lead from Silver Oak India, Hyderabad was invited as the Resource Person for the event. The entire event was coordinated by Neha Niharika, Assistant Professor and was attended by UG 6th Sem BA & PG 4th semester, M.Sc. HRM students.

The guest talk was facilitated by the esteemed resource person Ms.Satabdee Das, Assistant Team Lead from Silver Oak India, Hyderabad with 7 years of comprehensive experience in the field of counselling, employee mental health expert. She has professional expertise on career counselling, art therapy, employee assistant programs, group and individual counseling.



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Theme of the Event:

The theme of the Guest Talk, "Career Counseling & Career Opportunities in Psychology: Pathways, Skills, and Future Scope" is designed around the theme of empowering psychology students to transform their academic interest into meaningful and future-ready career pathways. The session focuses on helping students explore the diverse and evolving landscape of psychology careers, including Counseling Psychology, Organizational Psychology, Clinical Psychology, Sports Psychology, Forensic Psychology, Educational Psychology, and emerging interdisciplinary domains. By integrating career awareness with self-reflection and structured decision-making, the program aims to bridge the gap between theoretical learning and professional application.

Resource Person:

Ms. Satabdee Das, Assistant Team Lead from Silver Oak India, Hyderabad with 7 years of comprehensive experience in the field of counselling, employee mental health expert.

Detailed Report:

The Department of Psychology, Acharya Institute of Graduate Studies (AIGS), Bengaluru, successfully organized a guest talk on "Career Counseling & Career Opportunities in Psychology: Pathways, Skills, and Future Scope" on 20th May 2026, from 4.00PM - 07.00PM, via webinar mode. The guest talk was coordinated by Neha Niharika, Assistant Professor, Department of Psychology, AIGS. The programme was conducted with the objective of practical understanding of role of corporate psychologist, employee wellness coach and career counselling.

The event began with a brief introduction, who welcomed the participants and outlined the objectives of the session. The guest talk was facilitated by the esteemed resource person, Ms.Satabdee Das, Assistant Team Lead from Silver Oak India, Hyderabad with 7 years of comprehensive experience in the field of counselling, employee mental health expert. She brought rich industrial insights and practical perspectives to the sessions, making the guest talk highly engaging and intellectually stimulating.



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The programme was structured in a session of 180 minutes, The theme of the event designed around the theme of empowering psychology students to transform their academic interest into meaningful and future-ready career pathways. The session focuses on helping students explore the diverse and evolving landscape of psychology careers, including Counseling Psychology, Organizational Psychology, Clinical Psychology, Sports Psychology, Forensic Psychology, Educational Psychology, and emerging interdisciplinary domains. By integrating career awareness with self-reflection and structured decision-making, the program aims to bridge the gap between theoretical learning and professional application.

The theme emphasizes three core dimensions: career exploration, skill development, and career planning. Students will gain clarity regarding educational qualifications, certifications, licensing requirements, and global opportunities in psychology. Special focus will also be placed on essential professional competencies such as communication, empathy, ethical practice, analytical thinking, emotional intelligence, and adaptability, which are critical for success across psychological professions.

Through interactive discussions, career counseling frameworks, and the “My Career Map” activity, the session encourages students to identify their strengths, interests, and aspirations while preparing a personalized roadmap for their future. The guest talk also seeks to inspire students by providing practical insights into real-world challenges, opportunities, and advancements in the field of psychology in the contemporary global context.

A total of 12 HRM (UG BA 6th sem & PG MSc. 4th sem) students participated in the guest talk. The feedback received from participants indicated a high level of satisfaction regarding the content, delivery, and relevance of the guest talk. Participants reported improved understanding of career opportunities in corporate world, industrial role of psychologist, certification programs, and greater preparedness for academic and real industry work.

In conclusion, the guest talk on “Career Counseling & Career Opportunities in Psychology: Pathways, Skills, and Future Scope” serves as an important platform for students to gain direction, confidence, and clarity regarding their professional future in psychology. By understanding the wide spectrum of career opportunities, required competencies, and structured career-planning strategies, students become better equipped to make informed academic and professional decisions. The session ultimately aims to motivate aspiring psychology professionals to pursue meaningful, ethical, and impactful careers while adapting to the changing demands and future scope of the discipline in both national and global settings.



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The programme aligns with NAAC Criterion 2, emphasizing effective teaching–learning processes, research orientation, and student engagement. The Department of Psychology extends its sincere gratitude to the resource person, organizing committee, and institutional support staff for the successful conduct of the guest talk.

PHOTOS:



Introduction of the topic Career counseling & career opportunities by Ms. Satabdee, AIGS





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Educational courses in India by Ms. Satabdee, AIGS

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide titled "WELLNESS COACH-TRUST & SAFETY". The slide content includes a definition of a Wellness Coach and a list of key responsibilities. The Zoom interface shows a grid of participants, including "satabdee das" and "Neha Ann J...". A "People" panel on the right lists contributors to the meeting.

WELLNESS COACH-TRUST & SAFETY

We are looking for a compassionate and proactive Wellness Coach to support employees working in Trust & Safety/content moderation environments. The role focuses on promoting psychological well-being, emotional resilience, stress management, and healthy coping strategies for associates exposed to repetitive or potentially distressing content. The Wellness Coach will conduct individual and group wellness sessions, psychoeducation programs, crisis support, and preventive mental health initiatives while collaborating with operations and HR teams.

Key Responsibilities:

- Employee Wellness & Emotional Support**
- Conduct one-on-one wellness check-ins and supportive conversations with associates.
- Provide emotional support to employees exposed to sensitive or graphic content.
- Help employees build resilience, coping mechanisms, and stress management techniques.
- Promote healthy work-life balance and self-care practices.

Wellness coach concept by Ms. Satabdee, AIGS

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide titled "Preferred Qualifications". The slide lists the required qualifications for a Wellness Coach. The Zoom interface shows a grid of participants, including "satabdee das" and "Neha Ann J...". A "People" panel on the right lists contributors to the meeting.

Preferred Qualifications

- Master's degree in Psychology, Counseling, Social Work, or related field.
- Experience in wellness coaching, counseling, employee well-being, or mental health support.
- Prior experience in Trust & Safety/content moderation/BPO environments preferred.
- Knowledge of CBT, mindfulness, DBT, or trauma-informed approaches is an added advantage.



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Details of preferred qualification for corporate psychologist by Ms. Satabdee, AIGS



Eligibility criteria for the psychologist position in corporate by Ms. Satabdee, AIGS

Outcomes:

- Students will be able to identify various career paths in psychology and differentiate between their roles and requirements.
- They will recognize the essential skills (e.g., communication, empathy, analytical thinking) required in different psychological professions.
- They will be able to apply basic career decision-making frameworks to evaluate their interests, strengths, and career options.
- Students will create a structured and personalized career action plan aligned with their goals and aspirations.
- Students will gain practical insights into real-world applications and challenges in psychology careers through expert interaction.

Conclusion:

The Guest Talk on “Career Counseling & Career Opportunities in Psychology: Pathways, Skills, and Future Scope” serves as an important platform for students to gain direction, confidence, and clarity regarding their professional future in psychology. By understanding the wide spectrum of career



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opportunities, required competencies, and structured career-planning strategies, students become better equipped to make informed academic and professional decisions. The session ultimately aims to motivate aspiring psychology professionals to pursue meaningful, ethical, and impactful careers while adapting to the changing demands and future scope of the discipline in both national and global settings. Overall, the event successfully bridged academic learning with industry expectations and contributed significantly to students' professional development.

Audience Feedback Summary:

Career Counseling Feedback Summary

