



ACHARYA INSTITUTE OF GRADUATE STUDIES

NAAC Re-accredited 'A+' and Affiliated to Dr. Manmohan Singh Bengaluru City University)

Soladevanahalli, Bengaluru-560107

DEPARTMENT OF PSYCHOLOGY

Report Submission: 18/05/2026

Semester: EVEN

Academic Year: 2025–26

Venue: Sandhya Suraksha

Date: 08/05/2026

Time: 09.00AM -2.00PM

Duration: 5 hours

TYPE OF EVENT: INDUSTRIAL VISIT

EVENT NAME: VISIT TO SANDHYA SURAKSHA HOME FOR DESTITUTE WOMEN

Target Audience: IV Semester BA Psychology

Number of Participants: 15

Objectives:

- To provide students with first-hand exposure to the living conditions and psychosocial needs of individuals in destitute care settings.
- To help students understand the practical application of psychological concepts such as empathy, social support, and mental well-being.
- To encourage social responsibility, compassion, and community engagement among students.

Program Introduction: The Department of Psychology organized an Industrial Visit on 08th May 2026 to Sandhya Suraksha home to destitute women, aimed at enhancing students with first-hand exposure to the living conditions and psychosocial needs of individuals in destitute care settings. The program was coordinated by Ms. Susan Maria Baby and was attended by 15 students of from IV Semester BA Psychology (Developmental Psychology). The initiative focused on experiential learning through direct interaction with older adults and fostering social responsibility among students.

Theme of the Event: The theme of the program, “Industrial Visit,” emphasized bridging theoretical knowledge of social and community psychology with practical exposure in a real-world care setting. The visit aimed to provide students with insights into the psychosocial needs, emotional well-being, and lived experiences of destitute women residing in institutional care. It highlighted the importance of empathy, compassionate communication, active listening, and person-centered engagement while interacting with vulnerable populations. The program focused on creating a supportive and positive environment through meaningful interaction, recreational engagement, and emotional connection. Additionally, it emphasized the significance of social responsibility, dignity in care, and community support for marginalized individuals. The event promoted experiential learning, interpersonal skill



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development, and greater social awareness among students. Overall, the theme centered on learning through service, empathy, and meaningful community engagement.

Detailed Report:

The Department of Psychology organized an Industrial Visit on 8th May 2026 at Sandhya Suraksha Home for Destitute Women as part of the social and community psychology curriculum. The visit was coordinated by Ms. Susan Maria Baby and was attended by 15 students, who actively participated in interaction-based and engagement activities with the residents.

Industrial visits play a significant role in helping students connect theoretical classroom knowledge with real-life social contexts. The visit provided students with an opportunity to understand the psychosocial realities, emotional needs, and lived experiences of women residing in institutional care. It served as a meaningful platform for experiential learning, enabling students to observe the practical application of psychological concepts such as empathy, communication, social support, and community engagement.

During the visit, the students engaged with the residents through warm conversations, songs, group interactions, simple recreational activities, and informal sharing sessions. These activities helped create a welcoming, cheerful, and emotionally supportive atmosphere. The residents responded positively to the students' presence, and the interaction fostered a sense of companionship, belonging, and mutual respect. The visit provided students with valuable exposure to the importance of active listening, emotional sensitivity, and respectful communication while engaging with vulnerable populations.

As part of the programme, the students also contributed by donating essential supplies and useful items to the home, reflecting a sense of social responsibility and compassion. This gesture reinforced the importance of community participation and collective care in supporting marginalized groups. The students recognized how small acts of kindness can positively impact emotional well-being and contribute to a more inclusive social environment.

The visit also offered insights into the role of institutional care in providing safety, shelter, and emotional support for destitute women. Students gained a deeper appreciation of the social challenges faced by vulnerable individuals, including emotional distress, social isolation, and lack of support systems. This practical exposure enriched their academic understanding of social and community psychology while encouraging reflection on ethical responsibility and humane care.



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Overall, the industrial visit to Sandhya Suraksha Home for Destitute Women was a meaningful and enriching learning experience. The Department of Psychology expressed sincere gratitude to the management and staff for their cooperation and hospitality. The programme concluded successfully, offering students an opportunity to apply psychological knowledge in a real-world setting while fostering empathy, social awareness, and community engagement.

PHOTOS:



Orientation Program by the Center Manager



Showing the records and Histories of the residents



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Students giving residents handmade cards



Cultural programs by the students



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Group Photo

Outcomes:

- **Enhanced Practical Understanding:** Students gained practical exposure to the real-life application of concepts from social and community psychology, particularly in understanding vulnerable populations and institutional care settings.
- **Development of Empathy and Interpersonal Skills:** The visit helped students strengthen empathy, active listening, compassionate communication, and respectful interaction while engaging with the residents.
- **Increased Social Awareness:** Students developed a deeper understanding of the psychosocial challenges faced by destitute women, including emotional distress, social isolation, and the importance of support systems.
- **Promotion of Social Responsibility:** The experience encouraged a sense of civic responsibility, compassion, and community engagement, highlighting the importance of contributing positively to society through meaningful service.
- **Improved Professional and Reflective Learning:** Students were able to reflect on ethical care practices, person-centered engagement, and the role of psychology professionals in promoting emotional well-being and social inclusion.



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Conclusion:

The industrial visit to Sandhya Suraksha Home for Destitute Women was a meaningful and impactful learning experience that successfully bridged theoretical knowledge with practical exposure. It provided students with valuable insights into the emotional, social, and psychological needs of vulnerable individuals living in institutional care. The visit not only enhanced their academic understanding of social and community psychology but also fostered empathy, compassion, social responsibility, and interpersonal skills. Through meaningful interaction and engagement, the students were able to contribute positively to the well-being of the residents while gaining firsthand experience in community-based care. Overall, the programme was a rewarding initiative that promoted experiential learning, social awareness, and humane values among the students.

Audience Feedback Summary:

