



ACHARYA INSTITUTE OF GRADUATE STUDIES

NAAC Re-accredited 'A+' and Affiliated to Dr. Manmohan Singh Bengaluru City University)

Soladevanahalli, Bengaluru-560107

DEPARTMENT OF PSYCHOLOGY

Report Submission: 26/06/2026

Semester: EVEN

Academic Year: 2025–26

Venue: Google Meet

Date: 22/05/2026

Time: 03.00PM -5.00PM

Duration: 2 hours

TYPE OF EVENT: WEBINAR

EVENT NAME: WEBINAR ON ASSESSMENT TO UDID: THE PROCESS OF CERTIFYING INTELLECTUAL AND MENTAL DISABILITY

Target Audience: M.Sc. Psychology

Number of Participants:30

Objectives:

- To create awareness about the purpose and importance of disability certificates for persons with disabilities (PwDs).
- To familiarize participants with the different categories and benchmark disabilities recognized under the Rights of Persons with Disabilities (RPwD) Act.
- To explain the process of disability assessment, certification, and renewal.

Program Introduction:

The Department of Psychology organized a webinar on assessment to UDID: the process of certifying intellectual and mental disability on 22nd May 2026. Nithya Hariya Mohan Clinical Psychologist Chengalpettu Medical College to discuss on Assessment to UDID: The process of certifying Intellectual and Mental Disability. The entire event was coordinated by Ms. Dhrusya Manoj, Assistant Professor and was attended by Msc Psychology students.

Theme of the Event:

Webinar on Assessment to UDID: the process of certifying intellectual and mental disability by Nithya Hariya Mohan Clinical Psychologist focuses on understanding the comprehensive process of assessment, evaluation, and certification of Intellectual Disability and Mental Illness under the disability framework in India. It highlights the role of standardized psychological and clinical assessments in determining the extent of disability and eligibility for certification. The program aims to familiarize participants with the procedures involved in obtaining disability certificates and the Unique Disability Identity (UDID) card. The session also seeks to enhance awareness about the rights, benefits, and support services available to persons with disabilities through the UDID system, promoting accessibility, inclusion, and empowerment.



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Resource Person: Nithya Hariya Mohan, Clinical Psychologist, Chengalpettu Medical College.

Detailed Report:

The Department of Psychology organized a Webinar on 22nd May 2026. Nithya Hariya Mohan Clinical Psychologist Chengalpettu Medical College to discuss on the Topic Assessment to UDID: The process of certifying Intellectual and Mental Disability. The entire event was coordinated by Ms. Dhrusya Manoj, Assistant Professor and was attended by Msc Psychology students.

The event began with a brief introduction by the students, who welcomed the participants and outlined the objectives of the training. Ms. Dhrusya then formally welcomed the gathering and introduced the guest speaker, Nithya Hariya Mohan Clinical Psychologist Chengalpettu Medical College to discuss on Assessment to UDID: The process of certifying Intellectual and Mental Disability .it was conducted with the objective of enhancing participants' understanding of disability assessment, certification procedures, and the role of mental health professionals in the process. The session provided a comprehensive overview of the legal and clinical framework governing disability certification in India, with special emphasis on Intellectual Disability and Mental Illness. The resource person elaborated on the importance of standardized assessment tools, clinical interviews, behavioral observations, and multidisciplinary evaluations in determining the extent of disability. Participants were introduced to the eligibility criteria, percentage calculation of disability, documentation requirements, and ethical considerations involved in the certification process. The session also highlighted the responsibilities of psychologists, psychiatrists, and medical boards in ensuring accurate and fair assessment practices.

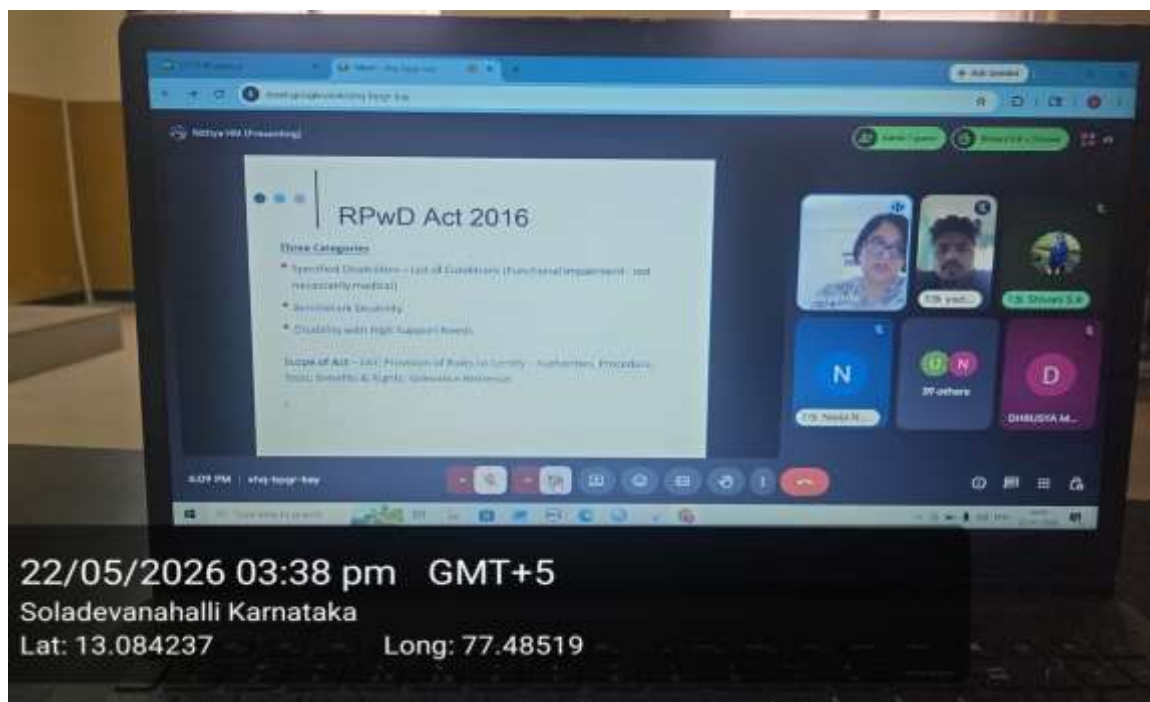
The webinar further focused on the Unique Disability Identity (UDID) Project, explaining its objectives, benefits, and application procedures. Participants gained insight into the process of obtaining disability certificates and UDID cards through the digital platform, which aims to create a uniform and transparent system for persons with disabilities across India. The discussion emphasized how disability certification enables access to various government schemes, educational accommodations, employment opportunities, social security benefits, and rehabilitation services. Practical case examples were presented to help attendees understand real-world challenges and best practices in assessment and certification. The interactive session encouraged participants to clarify doubts related to documentation, assessment procedures, and legal provisions.



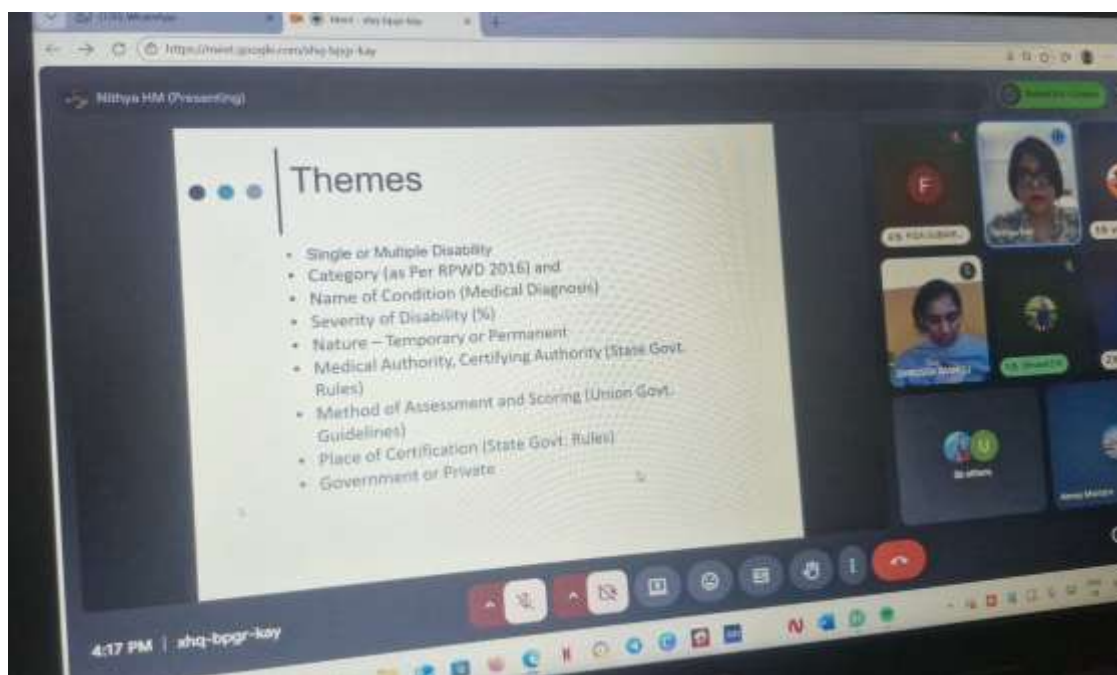
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PHOTOS:



Discussion about Different Disability Acts



Discussion about types of disability



List of conditions

- Physical Disability
 - Locomotor Disability
 - Muscular Dystrophy
 - Leprosy Cured
 - Dwarfism
 - Cerebral Palsy
 - Acid Attack Victim
 - Low vision
 - Blindness
 - Deaf
 - Hard of hearing
- Communication
 - Speech and Language disability
- Intellectual & Developmental Disability
 - Intellectual Disability
 - Specific Learning Disability
 - Autism Spectrum Disorder
- Mental Behavior
 - Mental illness
- Disability Caused Due to Chronic Neurological Conditions & Blood Disorders
 - Chronic neurological conditions
 - Multiple Sclerosis
 - Parkinson's disease
 - Hemophilia
 - Thalassemia
 - Sickle Cell Disease

Nithya is presenting

You

41 others

Nithya

Students Learning about different conditions



IDEAS Scale

0 = **no disability**: patient's level and pattern of self-care are normal, within the social cultural and economic context.

1 = **mild**: mild deterioration in self-care and appearance (not bathing, shaving, changing clothes for the occasion as expected), does not have adverse consequences such as hazards to her/his health, No embarrassment to family.

2 = **moderate**: lack of concern for self-care should be clearly established such as mild deterioration of physical health, obesity, tooth decay & body odours,

3 = **severe**: decline in self-care should be marked in all areas. patient wearing torn clothes would only wash if made to and would only care if told, evidence of serious hazards to physical health. (malnutrition, infection, patient unacceptable in public).

4 = **profound**: total or near total lack of self-care (example: risk to physical survival, needs feeding, washing, putting on clothes etc., constant supervision necessary)

Nithya is presenting

You

42 others

Nithya

Dr. Nithya Discussing and administering Different scales to assess disability.



Discussing patients Scale report with students.

Outcomes:

- Guide individuals with disabilities and caregivers regarding government schemes, reservations, concessions, and legal rights associated with disability certificates.
- Recognize common challenges and barriers faced by persons with disabilities during certification.
- Apply ethical and professional practices while dealing with disability-related documentation and advocacy.

Conclusion:

The webinar on “*Assessment to UDID: The Process of Certifying Intellectual and Mental Disability*” provided valuable insights into the assessment, certification, and documentation procedures for persons with disabilities. It enhanced participants’ understanding of the legal, clinical, and ethical aspects involved in disability certification. The session emphasized the importance of accurate assessment in ensuring access to rights, benefits, and support services. Participants also gained practical knowledge about the UDID system and its role in promoting transparency and inclusion. The webinar successfully bridged the gap between theory and practice, strengthening professional competence in disability assessment. Overall, it was an informative and enriching learning experience for all attendees.



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Audience Feedback Summary:

