



ACHARYA INSTITUTE OF GRADUATE STUDIES

NAAC Re-accredited 'A+' and Affiliated to Dr. Manmohan Singh Bengaluru City University)

Soladevanahalli, Bengaluru-560107

DEPARTMENT OF PSYCHOLOGY

Report Submission: 30/06/2026

Semester	EVEN	Academic	2025-26	Venue:	OT CLINIC
		Year:			AIAHS, Acharya Institutes
Date:	19/06/2026	Time:	10:00AM -12.00PM	Duration:	02:00 Hrs

TYPE OF EVENT: WORKSHOP

EVENT NAME: BRIDGING PSYCHOLOGY AND OCCUPATIONAL THERAPY: UNDERSTANDING COLLABORATIVE CARE

Target Audience: 11 Sem M.Sc. Psychology Students	Number of Participants: 19
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Objectives:

- To familiarize students with the role of Occupational Therapy in promoting functional independence, rehabilitation, and well-being.
- To understand the interdisciplinary collaboration between psychologists and occupational therapists in assessment and intervention.
- To provide students with practical exposure to occupational therapy settings, techniques, and client-centered approaches.

Program Introduction:

The Department of Psychology organized Workshop on 19th June 2026. Revanth R, Assistant Professor Acharya Institute of Allied Health Science discussed on Bridging Psychology and Occupational Therapy: Understanding Collaborative Care. The entire event was coordinated by Ms. Dhruya Manoj, Assistant Professor and was attended by II Sem Msc Psychology students.

Theme of the Event:

The workshop, "Bridging Psychology and Occupational Therapy: Understanding Collaborative Care," highlighted the importance of interdisciplinary practice in promoting holistic well-being. It emphasized how psychologists and occupational therapists work together to address the emotional, cognitive, behavioral, and functional needs of individuals. The session encouraged students to appreciate collaborative care as a pathway to comprehensive and person-centered treatment. It explored the unique roles and shared responsibilities of both professions in rehabilitation and mental health settings. It also underscored the significance of integrating psychological insights with occupational interventions to



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improve quality of life. Overall, the workshop inspired future practitioners to adopt a multidisciplinary approach for achieving better therapeutic outcomes and client-centered care.

Resource Person : Revanth R, Assistant Professor, Acharya Institute of Allied Health Science

Detailed Report:

The Department of Psychology organized a workshop on 19th June 2026. Mr. Revanth R., Assistant Professor, Acharya Institute of Allied Health Science, served as the resource person and delivered an insightful session on the topic “Bridging Psychology and Occupational Therapy: Understanding Collaborative Care.” The workshop was coordinated by Ms. Dhruya Manoj, Assistant Professor, Department of Psychology, and was attended by II year MSc Psychology students.

The event commenced with a brief introduction by the students, who welcomed the participants and highlighted the objectives of the workshop. Ms. Dhruya Manoj formally welcomed the gathering and introduced the resource person. During the session, Mr. Revanth R. provided a comprehensive overview of the principles and scope of occupational therapy and its integration with psychological services. He explained how occupational therapists address functional limitations, daily living skills, cognitive abilities, sensory processing, and community participation, while psychologists contribute through assessment, counseling, behavior modification, and emotional support. The speaker emphasized that collaborative care models improve treatment outcomes by ensuring that clients receive comprehensive and person-centered interventions tailored to their unique needs.

The workshop included interactive activities and discussions that encouraged students to think critically about interdisciplinary practice. Participants reflected on the roles and responsibilities of different professionals and explored strategies for fostering teamwork in clinical settings. The resource person stressed that future mental health professionals must develop competencies in collaboration, communication, and integrated care to meet the increasingly complex needs of individuals and communities.

The session concluded with an engaging question-and-answer segment, during which students actively interacted with the resource person and sought clarification on various aspects of occupational therapy practice and interdisciplinary collaboration. The workshop successfully enhanced students' awareness of the interconnected nature of psychological and occupational interventions and reinforced the importance of collaborative care in achieving holistic rehabilitation and mental health outcomes. Overall, the programme provided valuable academic and practical insights, enriching students' understanding of allied health practice and preparing them for future multidisciplinary work environments.

PHOTOS:



In-Hand Experience with Materials



Students Experiencing Mobility Device



Group Discussion on Occupation Therapy



In Detail Discussion About Theories of Crime.



Group Photo of Participants with Guest

Outcomes:

- Students will gain a better understanding of the scope and applications of Occupational Therapy across diverse clinical populations.
- Students will appreciate the complementary roles of Psychology and Occupational Therapy in holistic client care.
- Students will be able to relate theoretical concepts learned in psychology to real-world rehabilitation and therapeutic practices.

Conclusion:

The workshop on “Bridging Psychology and Occupational Therapy: Understanding Collaborative Care” successfully enhanced students’ understanding of the importance of interdisciplinary practice in contemporary healthcare. It provided valuable insights into how psychologists and occupational therapists can work collaboratively to deliver holistic, person-centered interventions that address both psychological well-being and functional independence. The session encouraged students to appreciate the significance of teamwork, effective communication, and shared professional responsibilities in achieving positive client outcomes. Overall, the workshop served as a meaningful learning experience that strengthened awareness of integrated care approaches and inspired future professionals to embrace collaborative practices in mental health and rehabilitation settings.

Audience Feedback Summary:

