

## NATIONAL SERVICE SCHEME

### Orientation Program and Inauguration of NSS Activities 2022-23

The NSS Unit, AIGS organized an Orientation program for the 1<sup>st</sup> years and other interested students along with the inauguration of the NSS activities for the academic year 2022-23 on **7<sup>th</sup> December 2022**. The program started with invocation song by Vaishnavi Kubair followed by lamp lighting ceremony by the Chief Guest, Dr. Gurunath Rao Vaidya, Principal and senior NSS volunteers. Dr. Vaidya shared his views about NSS and its activities and expressed that all students attending the orientation should join to experience a better part of college life. Lakshmi and Anupama performed a traditional welcome dance to start off with the cultural events and later there was a formal presentation about NSS by the senior NSS volunteers, Siddarth and Diya Dhanajayan where they explained the roles and duties of an NSS volunteer along with NSS claps.



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After the formal introduction, there were various cultural performances by NSS volunteers which included group NSS song by Aishwarya and team which included NSS song in Kannada, Hindi and English. There was mime which was performed by Mahalakshmi and team on the theme “**Body shaming**” followed by a patriotic song by Vaishnavi and team. There were 2 passed out NSS Alumni, Mr. Arun Ashok and Mr. Arjun who had come to grace the occasion and added to the essence of the orientation program. They motivated the gathering by sharing their experiences in their journey in NSS as well as the benefits of joining NSS.

Later there was an awareness movie by Mufidha screened which created awareness among the students about how casual behavior lacking responsibility could cost for the society. A Kannada song was sung by Soujanya & Anusha which was followed a drama was performed by Sownthariya and team on the theme “**Social Evils**”.



After tea break, a short movie on memorable moments in NSS was screened and the fresher’s enjoyed watching the activities and fun happened in various NSS activities. The program continued with a talk by Mr. George, NSS Officer, where he reminded about the responsibilities and commitment an NSS volunteer should possess. The session ended with the registration followed by the National Anthem.



**ACHARYA INSTITUTE OF GRADUATE STUDIES**  
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### **Awareness and Blood Donation Drive held on 21<sup>st</sup> December 2022**

A voluntary blood donation drive was organized by the NSS unit of AIGS in collaboration with LIONS Blood Bank and Bowring Hospital Blood bank on the 21<sup>st</sup> December 2022. The objectives of the blood donation drive were:

1. Involving the NSS volunteers and donors together for the cause of saving human lives.
2. Prepare a registry to meet blood requirements in future. Through this patients are able to receive the lifesaving blood they urgently need.

The volunteers were divided into many groups and the awareness team had visited every class in AIGS from 15<sup>th</sup> Dec onwards creating awareness about the need and benefits of blood donation, do and dont's of blood donation and clearing the misconceptions. The awareness talks about blood donation and its benefits, precautions before donating blood were explained to all the students of AIGS by Mr. George, NSS Program Officer and active NSS volunteers which would clear the doubts of the student donors thereby motivating them to be a part of the noble cause and preparing them for the process. On 20<sup>th</sup> December, a flash mob was performed by the NSS volunteers to spread awareness and announce about the drive for the whole campus.

Like all other years, the camp turned to be a grand success by collecting 212 units of blood on a whole, 147 units by LIONS Blood bank and 65 units by Bowring and Lady Curzon Hospital Blood bank. Around 90 NSS volunteers controlled the whole mob and the program concluded without any causalities. Finally, a memento and appreciation certificates were presented by LIONS Club as well as Bowring and Lady Curzon Hospital Blood bank to Dr. Gurunath Rao Vaidya, Principal, AIGS as a token of appreciation. The Principal addressed the gathering and appreciated the efforts of bringing out a successful camp in a very organized manner. The LIONS club of Peenya Dasarahalli had distributed caps for all the volunteers as a token of appreciation and they congratulated the team under the leadership of Dr. Mirshad Rahman for organizing the drive without any flaws. The LIONS club members also thanked the Principal for being supportive and Mr. George, NSS Program Officer for constantly organizing such drives from 2011 which has helped saving many lives. Finally, the team took group pictures and dispersed after having refreshments with lot of contentment of

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organizing such a wonderful camp for the year 2022. This activity also marked a joint effort of senior and newly joined NSS volunteers which helped to bring in a lot of team work and coordination among volunteers.





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### **ROAD SAFETY WEEK AND AWARENESS PROGRAM on 9<sup>th</sup> January 2023**

Acharya Institute of Graduate Studies (AIGS) was established in 2005 by Shri. B. Premnath Reddy, Chairman of the Acharya Group of Institutions. Acharya Institutes, committed to the cause of value-based education in all disciplines, envisions itself as fountainhead of innovative human enterprise, with inspiration initiatives for academic excellence. AIGS is endowed with modern physical, technological, and academic infrastructure and provides world class learning ambience to its students.

The National Service Scheme (NSS) is an Indian government sector public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community.

On the occasion of the Road Safety Week from 11<sup>th</sup> to 17<sup>th</sup> January 2023, the NSS unit of AIGS in association with SAKKHI - a women empowerment organization had organized a road safety awareness program on 9<sup>th</sup> January 2023, Monday at 1pm in Seminar hall, EEE Block. The Chief Guest for the session was Dr. Suresh, Retd. Chief Warden, BCP Traffic Warden Organization and the keynote speaker was Mr. Jayanth Garudachar, Former Assistant Chief Warden, BCP Traffic Warden Organization. The guests of honor were Shri. Rajalakshmi, Founder, V SAKKHI and Shri. Nochur Giriya, Coordinator at SAKKHI.

The objectives of the program were:

- To provide road safety information for road users to encourage safer road user behaviour among current and prospective road users and reduce the number of accidents.
- To make people aware of the safety measures to be followed on road

Traffic safety education is meant to provide the students with lifetime skills for maneuvering in the public roads and highways. The importance of learning these skills at college level is increasing, since more and more students are nowadays driving and all of these kinds of students need to be provided with education on their safety and the safety of other road users when they are on the road.



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The mission is to educate, improve driving behaviors and raise awareness of the deadly epidemic of distracted driving. The program was conducted to instill a sense of responsibility and make the students aware of road safety and the rules and regulations to be followed.

The event started at 1pm with a welcome speech was delivered by Srilakshmi, NSS volunteer followed by the lamp lighting ceremony by the chief guests and the NSS officer along with NSS volunteers. The session started with the address by the Chief Guest Dr. B. Sureshkumar who spoke about the need for creating awareness on road safety and the roles each citizen needs to play. Dr Suresh also spoke about the voluntary service rendered by himself and the whole Traffic warden organization in bringing in more discipline and safety on the roads. Later the session was taken over by Mr. Jayanth Garudachar, who with the help of a ppt and good amount of interaction and questioning explained the measures to improve road safety. He also reminded about the road safety rules and also with help of videos showed the consequences of neglecting the road rules which could end up in accidents and deaths of many. The session went upto 1 hour with good interaction as well as clarification of doubts from the gathering.

Shri. Rajalakshmi spoke few words about the objective of promoting road safety by V SAKKHI and Shri. Girija also shared her personal experience which made her to take up this initiative of creating awareness in schools and colleges. Towards the end of the session, a short movie on the importance of following road safety rules prepared by NSS alumni was screened which was appreciated by the audience the chief guests. The whole team of around 150 NSS volunteers took an oath to follow the road safety rules and they received their certificate for the same by the Govt. of Karnataka. The program ended with a concluding note by Mr. George, NSS Program Officer and vote of thanks by Dakshayini. The whole team dispersed after National Anthem.

The program was a huge success with good number of participants meeting the objectives and thereby imparting information to the students about traffic rules and safety measures on the road.

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### **National Youth Day Celebrations on 12<sup>th</sup> January 2023**

Acharya Institute of Graduate Studies (AIGS) was established in 2005 by Shri. B. Premnath Reddy, Chairman of the Acharya Group of Institutions.

At Acharya Institutes, our mission is to provide our students with a holistic life experience, by integrating carefully planned facilities and activities into the daily campus routine, we ensure our students become responsible human beings and prepare them to face the challenges of life.

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The National Service Scheme (NSS) is an Indian government sector public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year in 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community.

The NSS Unit of AIGS had celebrated the National Youth Day on 12<sup>th</sup> January 2023 at 11am in the AIGS open arena. National Youth Day also known as Vivekananda Jayanti, is celebrated on 12<sup>th</sup> January as the birthday of Swami Vivekananda. In 1984, the Government of India decided to observe this day as National Youth Day and since 1985 this is an important day for the NSS every year.

The objective of the celebration is to inspire the youth with the teachings, way of life and thoughts of Swami Vivekananda. Another objective is to make a better future for the country by motivating the youth and spreading the ideas of the Swami Vivekananda.

On the occasion of the “**NATIONAL YOUTH DAY**” (Swami Vivekananda’s Birthday), the NSS volunteers had made a chart exhibition on Swami Vivekananda on 12<sup>th</sup> January 2023. The charts displayed were on Swami Vivekananda and his background, his ideas and messages, theme for the year 2023 and finally his contribution to Yoga and NSS which was viewed by all the students and

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staff of AIGS. The NSS volunteers had presented many motivational quotes and messages given by Vivekananda for the youth in the AIGS block. At 10.30 am, there was a celebration to honor the visionary icon of our country where Dr. Gurunath Rao Vaidya, Principal, Mr. George, NSS Program Officer, students of AIGS along with NSS volunteers had attended. The celebration started with a pooja for the great personality by the Principal and later he spoke few words on the occasion. Followed by his speech, a senior alumni NSS volunteer, Mr. Musthafa who was present for the function also gave a speech on the importance of the day and how NSS had shaped his personality and career. A motivational speech and background of Swami Vivekananda was explained by Arpitha followed by an oath taking ceremony by all the NSS volunteers which was handled by Mahalakshmi, senior NSS volunteer.

The program concluded with the National Anthem. The effort put forward by the NSS volunteers to commemorate the birthday of Swami Vivekananda and spreading his ideas to the youth were appreciated by the Principal and staff. In order to spread the message of Swami Vivekananda, a theme of “**BE GOOD DO GOOD**” was selected and a photobooth was kept ready were students of AIGS could take and post pictures in social media. This initiative was very unique with the theme and was welcomed by the students.



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### **YOGATHON 2023**

The Department of Youth Empowerment and Sports, Department of Education and the Government of Karnataka along with NSS and NCC Units had jointly organized the 3rd Yogathon 2023 on 15<sup>th</sup> January 2023 at 6am. The NSS Cell, BCU had also been a part of the program and had invited all NSS Units under BCU to be a part of the Guinness World Record (GWR) attempt under Project Yogathon2023 which happened at Sree Kanteerava Stadium, Bengaluru. Across 35+ locations in Karnataka – the Youth established a new record adding to the pride of Karnataka.

The mass yoga drill was organized by the Department of Sports and Youth Empowerment, Karnataka. This event saw a record number of over six lakh participants, in Bengaluru on January 15, 2023. Governor Thaavarchand Gehlot and Sports and Youth Empowerment Minister K. C. Narayana Gowda participated in the event. Mr. Gowda stated in a release that the earlier record had been held by Rajasthan, where about 1.5 lakh people had participated in a yogathon. He expressed happiness over his department's achievement.

The Yogathon is a program by the Karnataka Government to keep citizens fit and healthy. The program has a lot of benefits, like decreasing the risk of cardiovascular diseases and reducing stress. One of the main reasons why people take part in this program is because it is one of the cheapest and easiest ways to get fit. The best way to have a healthy lifestyle is to incorporate fitness and yoga into your daily routine. This is the idea behind the Yogathon, which is the state's largest yoga and health movement event.

85 NSS volunteers along with Mr. George V T, NSS Program Officer had been a part of the Yogathon 2023. The program started at 6:00 am in Kanteerava stadium where all the NSS volunteers assembled near the entrance. Later the NSS volunteers from AIGS were called for controlling the crowd and support the organizing team in distributing jerseys for the participants. After the welcome addresses by the guests, all the volunteers were asked to follow the yoga practices which were explained with demonstration. All the NSS volunteers had actively participated in the event and after completion of the yoga practices, they were asked to help in serving food for the participants. On a

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whole the program ended by 9:30 am and after having refreshments, the team took group photos and dispersed by 10.30am.

The event turned to hold a place in Guinness World Record, since it involved 10,000 Yoga trainers and up to 10 lakh yoga wellness volunteers across all districts of the state as a part of National Youth festival -2023. It was a great moment of pride for the NSS team to be a part of such a mega event not merely by participating but also supporting the organizers in managing the crowd. The event was a great learning experience for the volunteers to know the Yoga practices and also felt satisfied being a support team for the program to function to happen smoothly.





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### **EXTENSION ACTIVITY on ROAD SAFETY at Acharya Institutes - 20<sup>th</sup> January 2023**

Acharya Institute of Graduate Studies (AIGS), committed to the cause of value-based education in all disciplines, envisions itself as fountainhead of innovative human enterprise, with inspiration initiatives for academic excellence. The National Service Scheme (NSS) is an Indian government sector public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India aimed at developing student's personality through community service.

On the occasion of the Road Safety Week from 11<sup>th</sup> to 17<sup>th</sup> January 2023, the NSS unit of AIGS organised a Road Safety Awareness programme on 20th January, 2023. The programme was executed in the form of dance, mime and a speech which was performed in three locations across the Acharya campus from 12 pm onwards. The aim of the programme was to propagate the Road Safety education received by the NSS volunteers to the students of AIGS and Acharya Institutes during the Road Safety Week observed from 11th - 17th January.

The objectives of the program were:

- To provide road safety information for road users to encourage safer road user behaviour among current and prospective road users and reduce the number of accidents.
- To make people aware of the safety measures to be followed on road

Today road transport is an integral part of life and everyone in one form or another is a road user. The present transport system has minimized the distances but it has, on the other hand increased the risk to life. In India itself about eighty thousand people are killed in road crashes every year which is thirteen percent of the total fatality all over the world. Man behind the wheel plays an important role in most of the crashes and in most of the cases crashes occurs either due to carelessness or lack of road safety awareness. Hence, road safety education is as essential as any other basic skills of survival. The program was conducted to instill a sense of responsibility and make the students aware of road safety and the rules and regulations to be followed.

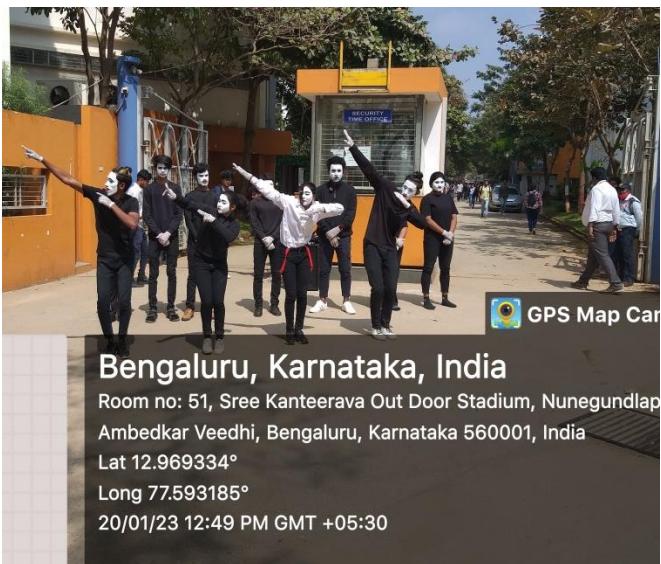
The event started at 12 noon on 20<sup>th</sup> January 2023 where the team had initially started with a small dance performance to grab the attention of the gathering and later moved on to the mime act with



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insightful messages in every scene portrayed and ended with a summarising speech by Shriram. The mime covered basic safety measures such as wearing helmets, dangers of triple seating on a two-wheeler, wearing seatbelts, avoiding distracted or intoxicated driving and also emphasized on the importance of time management as riding in a hurry itself would be a possible cause of road accidents. There was also an emphasis on inculcating a culture of responsible driving and also respecting others on the road by giving them space when required. This performance was initially exhibited in front of AIGS at 12 noon and later in front of Acharya Main Gate at 12.45pm and the last performance was in front of OYA café at 1.15pm. At the end of every performance, Shriram would educate the public with the scenario about road accidents and also emphasize on following of road rules for everyone's safety. The programme was coordinated and directed by Shahanshah, senior NSS volunteer under the guidance of Mr. George, NSS Program Officer.

The NSS team took pride on this event as the objectives were met and also felt happy to use the education received to spread awareness and educate people on Road Safety.





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### **EXTENSION ACTIVITY on ROAD SAFETY for School Children at Govt. Higher Primary School, Soladevanahalli - 20<sup>th</sup> January 2023**

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On the occasion of the Road Safety Week from 11<sup>th</sup> to 17<sup>th</sup> January 2023, the NSS unit of AIGS organised a Road Safety Awareness programme on 20th January, 2023 at Govt. Higher Primary School, Soladevanahalli. The objective of the program was to provide road safety tips for children to encourage safer usage of road.

Traffic safety education is meant to provide the students with lifetime skills for maneuvering in the public roads and highways. The goal of traffic safety education is to give students lifelong skills for navigating public roads and highways. Learning these abilities in school is becoming increasingly important.

The program started at 3pm with a welcome note by Kumudha, senior alumni NSS volunteer where she interacted with children and taught them about NSS claps. Later, the program started with the power point presentation by NSS volunteers led by Srilakshmi and Aishwarya. The presentation included the road safety rules for children and animations related to road accidents. The children seemed to be more interested in animations due to the visual appeal and were surprised to see the worse accidents which had caused many deaths. The school children were presented with the informative mime by the NSS volunteers. A quiz was also conducted for the school children and the winners were given gifts as rewards. The program turned more interesting after the unexpected entry of Sri. R Kiran Kumar, the Grampanchayat President of Kaskattapura, Sri. Raja Shankar, PDO Officer and Sri. Hanumaraju, Bill Collector. The event was really interactive and the students enjoyed

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the session. The Gram panchayat president R Kiran Kumar appreciated the program and invited the NSS team to do a traffic awareness program in the kaskatapura grand function. Rajeshwari TK the Headmistress of the school appreciated the program and the participants. The program ended with a vote of thanks by NSS officer George sir.

The programme achieved its goal and provided the students with knowledge and instruction on traffic laws and regulations as well as other fundamental information.





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### **NATIONAL GIRL CHILD DAY on 24<sup>th</sup> January 2023**

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**Theme of the event:**

Observance of National Girl Child Day

The National Girl Child Day Is celebrated in India every year on January 24. It was initiated in 2008 by the Ministry of Women and Child Development and the government of India. The main objective of the program was to spread awareness among people about inequalities faced by girls in the country, to promote awareness about the rights of girl children and to increase awareness on the importance of female education, health and nutrition, to work against diminishing child sex ratio in India and change the mind of the people regarding girls as children.

**Resource Person:**

Ms. Hamsa. V (Internationally certified soft skill trainer)

**Guest of honour:**

Smt. Rajalakshmi (Founder of VSakkhi)

The NSS unit of AIGS observed the NATIONAL GIRL CHILD DAY on 24<sup>th</sup> January 2023 and organized an awareness session for girl students of AIGS on 24<sup>th</sup> January 2023, Tuesday at 11 am in the main auditorium.



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### **Objectives of the program:**

- \* To promote awareness about the rights of girl children, importance of female education, health and nutrition
- \* To ensure safety of girl child and prevention from any form of harassment.

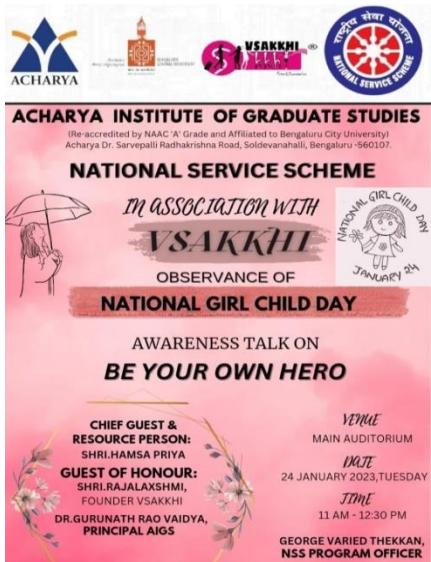
The Chief Guest and resource person for the session was Ms. Hamsa Priya, an internationally certified soft skill trainer, Government empanelled POSH enabler and POCSO touch bearer and the guest of honor was Smt. Rajalakshmi, Founder of V Sakkhi, a women empowerment organization along with Smt. Girija and Ms. Vaishnavi from V Sakkhi.

The event started at 11 am with a welcome address by Nandana C S, NSS volunteer followed by the prayer song and the lamp lighting ceremony by the Chief guests, Principal and Mr. George, NSS officer along with NSS volunteers. Dr. Gurunath Rao Vaidya, Principal, AIGS addressed the gathering and spoke about the importance of the day and appreciated the NSS team for taking up such an initiative to organize a program for girl children. Later the guest and resource person, Ms. Hamsa took over the session where she started with few icebreakers and later spoke many matters related to women safety, women rights and how they could build confidence and to meet difficult situations. After a good interaction with the audience where many queries were cleared by the resource person, Ms. Hamsa also spoke about her success story from being a very shy student to a successful corporate trainer who owns her own company and focuses on training people on building confidence. She was also the Former Miss Karnataka 2021 and an active social worker through Rotary club. The session ended with a small activity of all the participants together saying that they were the change makers for the society.

The session followed with few cultural activities from the NSS team. The first event was theme based dance by Lakshmi and Anupama portraying the strength of women in the society. This was followed by a musical performance by Neeraj, Nandita and team. The last event was a kannada skit on Need for Women Empowerment by Vivek and team which portrayed the success story of a teacher who received award which was motivating for the gathering. The program ended with mementos presented to the guests followed by a vote of thanks by Narmin.

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The whole event was a great success with almost 220 participants attending the session and a great involvement of the NSS team. The participants enjoyed the talk which was informative and insightful thereby meeting the objectives. The session ended with a group photo along with the guests.





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### **EXTENSION ACTIVITY on National Girl Child Day at Govt. High School, Chikkabanavara - 24<sup>th</sup> January 2023**

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The NSS unit of AIGS celebrated National Girl Child day with the students of Govt. Primary School, Chikkabanavara by propagating the message of empowering and educating both girls and boys to have a stabilized society. The National Girl Child Day is celebrated in India every year on January 24. It was started by the Ministry of Women and Child Development and the Government of India in 2008, with the purpose to spread awareness among people about all the inequalities girls face in the Indian society. This day is also meant to promote awareness about the rights of girl children and to increase awareness on the importance of female education, health and nutrition, to work against diminishing child sex ratio in India and change the mind of the people regarding girls as children.

The NSS unit of AIGS observed the **National Girl Child Day** on 24<sup>th</sup> January 2020 by organizing an extension activity on the theme “Importance of Girl Child and Girl Safety” for the students of Govt. High School, Chikkabanavara. This program was organized with the objectives:

- \* To promote awareness about the rights of girl children and their safety
- \* To increase awareness on the importance of female education, health and nutrition.



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The Chief Guest and resource person for the activity was Ms. Hamsa Priya, an internationally certified soft skill trainer, Government empanelled POSH enabler and POCSO touch bearer. The guest of honour was Smt. Rajalakshmi, Founder of V Sakkhi, a women empowerment organization along with Vaishnavi, member of V Sakkhi. The activity was a collaborative effort in association with V SAKKHI

The event started at 2.30pm where the NSS volunteers addressed around 90 school girls from 9<sup>th</sup> std about the importance of the day and they had an interactive session for 30 mins. In this session, they spoke about their aims of studying and what they wanted to become along with few games and awareness about menstrual hygiene. The session was handled by Mahalakshmi, senior NSS volunteer and the children enjoyed being part of the activities.

Later the resource person, Ms. Hamsa handled the session for the students about female rights, good touch bad touch, and career opportunities and so on. Ms. Hamsa interacted with the girls and shared her success story which was a motivation for the students.

Students were very excited about the session and at the end of her speech, there was Q and A session where they cleared their doubts and also they discussed so many matters about their future and opportunities. The event included few cultural activities and sweets were distributed to the children by the NSS volunteers. At the end, vote of thanks was delivered by Ms. Bhanumathi, who thanked the resource persons for the wonderful session and the Headmistress and staff of the school for granting permission to conduct such a wonderful and learning session on a day of national importance. It was a great learning experience for the NSS volunteers and had good time interacting with the school children. The program met its objectives and gave the students awareness about female issues existing in our country. Both teachers and students from the school appreciated the initiative of the NSS team and it was a memorable experience for the volunteers.

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### **EXTENSION ACTIVITY at Kasagattapura Village - 25<sup>th</sup> January 2023**

The National Service Scheme (NSS) is an Indian government sector public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community.

The NSS unit of AIGS had been invited to perform for the Food fest which was organized at Kasagattapura Panchayath in order to bring the talents of the women in and around villages leading to empowerment of the women group. Around 36 NSS volunteers along with the NSS Program Officer, Mr. George had been a part of the successful venture which was viewed by around 3000 villagers. The event was planned in a grand manner which started at 10.30 am on the 25<sup>th</sup> January 2023 and was inaugurated by Shri. S. R. Vishwanath, MLA of Yelahanka Constituency. People and school children from in and around Kasagattapura village had witnessed the mega event.

#### **OBJECTIVES:**

- To create awareness about road safety through the art of mime
- To create awareness about the importance of girl child and women empowerment.

The NSS team was invited to give a special performance during the occasion and to give awareness on Traffic and road safety rules as well as need for women empowerment to the public gathered. The NSS volunteers beautifully presented the mime that was prepared to create awareness on road safety.

The mime consisted of insightful messages in every scene portrayed and ended with a summarising speech by Shriram, NSS volunteer. The mime covered basic safety measures such as wearing helmets, dangers of triple seating on a two-wheeler, wearing seatbelts, avoiding distracted or intoxicated driving and also emphasized on the importance of time management as riding in a hurry itself would be a possible cause of road accidents. There was also an emphasis on inculcating a culture of responsible driving and also respecting others on the road by giving them space when required. Shri. Vishwanath expressed his gratitude to the NSS team for spreading awareness through their wonderful mime performances. Later the kannada group of volunteers enacted a drama based on the theme of “Women Empowerment” which told the success story of teacher who won the Best

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Teacher Award with her hardwork and support from few male counterparts which was directed by Vivek, NSS volunteer. This drama turned out to be insightful to the audience as it had a strong message that women are not a curse, rather a strong personality who can achieve anything. School children and the women group were highly influenced by the act and they enjoyed the show.

Later the NSS team performed a dance to entertain the gathering and had few photo sessions with the MLA and other distinguished guests. There was a high appreciation from the organizers and special gratitude from Sri. R Kiran Kumar, the Grampanchayat President of Kasagattapura, Sri. RajaShankar, PDO Officer and Sri. Hanumaraju, Bill Collector. Finally, the NSS volunteers had lunch from the stalls available and had few group photos before dispersing. On the whole, it was great experience for the team to attend such a grand event and present themselves in front of such a huge crowd. They returned with lots of happiness and accomplishment for creating awareness in such an event.





## **NATIONAL SERVICE SCHEME**

### **Republic day Celebrations on 26<sup>th</sup> Jan 2023**

The 74<sup>th</sup> Republic day was celebrated by AIGS on 26<sup>th</sup> January 2023, Thursday at 8.30am in the basketball court along with NSS unit, NCC and the Cultural committee of AIGS. The Chief Guest for the celebrations was Wg Cdr K S Rao (Retd) along with the Principal, Dr. Gurunath Rao Vaidya and other dignitaries. Wg Cdr K S Rao (Retd) was a Gold medalist engineering graduate in Electronics & Communication from JNTU and Masters in Satellite Engg from IIT, Kharagpur. Served IAF (commissioned in 1978) for 24 years and was awarded the Chief of Air Staff Commendation for executing the Satcom Network for interconnecting various AF stations. Around 500 students and many faculty members from Acharya Institutes were part of this program.

The aim of the program is to celebrate the date on which the constitution of India came into effect on 26 January 1950. The Constitution which declared our country a Republic allow us to live in own way, live a dignified life and rule ourselves – it proclaims us a democracy.

The event started at 8 am by the flag hoisting followed by the parade by the NCC cadets, and other cultural events by NSS volunteers as well as Cultural committee. The event was rich with around 26 events on a whole with 3 performances from the NSS Unit. The NSS volunteers performed Group dance on the theme of the Jallianwala Bagh incident and freedom struggles by Rohit Kumar and team coordinated by Sunidhi and the mime team performed an act of the theme “SAVE TREES” and protect nature and its resources which was coordinated by Vishnu, Akhil and team. There were few patriotic songs performed on the same occasion as a tribute to Mother Nation by Neeraj and team.

The event was so glorious and promoted the India’s diverse culture. The program ended with a vote of thanks after which there were photo sessions of the NSS team with the chief guests. Later refreshments were provided to all the participants in AIGS block.

The program met the objective of celebrating the 74<sup>th</sup> Republic Day in a unique manner thereby entertaining the audience with wonderful performances related to patriotism and social themes. It was yet another day of achievement for the NSS team by putting performance of national importance.

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**Semester:** ODD SEMESTER

**Academic Year** 2022–23

**Venue:** Seminar Hall, ANA Block

**Date:** 10 February 2023

**Time:** 11:00 a.m. – 1:00 p.m.

**Duration:** 2 hours

### **TYPE OF EVENT: AWARENESS PROGRAM**

### **EVENT NAME: CANCER AWARENESS PROGRAM**

**Target Audience:** Students and faculty of AIGS

**Number of Participants:** 150

#### **Objectives:**

1. Create cancer awareness and remove the stigma and fear attached.
2. Help people recognize the early signs and symptoms of cancer, thus enabling them to seek treatment at an early stage.

#### **Program Introduction:**

**Theme of the Event:** Educating and creating awareness among students and faculty about cancer and its prevention.

**Resource Person:** Dr. SUSHRUTA MYSORE SHANKAR

Consultant, Breast & Surgical Oncology

SPARSH HOSPITAL

Yeshwanthpur, Bangalore

#### **Detailed Report:**

The NSS Unit organized an awareness program on CANCER: ITS EARLY DETECTION AND PREVENTION for all the students and faculty members of AIGS on 10<sup>th</sup> February 2023 at 11am in Seminar Hall, ANA Block. The awareness program was organized in association with SPARSH HOSPITAL, Yeshwanthpur on the occasion of World Cancer Day which was on 4<sup>th</sup> Feb 2023. The awareness program was coordinated by Mr. George V T, NSS Program Officer along with the NSS team. The chief guest and resource person for the session was Dr. Sushruta Mysore Shankar who is a Consultant, Breast & Surgical Oncology department at SPARSH HOSPITAL, Yeshwanthpur.



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Creating cancer awareness among the general public promotes cancer prevention and routine screening which will ensure early detection and assure better treatment outcomes. This will ultimately reduce the cancer burden in the country. Keeping these objectives, the NSS Unit had organized the awareness program on 10<sup>th</sup> February 2023. On 4<sup>th</sup> Feb 2023, the NSS Unit had observed the WORLD CANCER DAY by putting up awareness and informative charts in the lobby thereby making the students and faculty members aware the importance of the day. The initiative was taken up by Ms. Vakula and her team from NSS to create the awareness. Later the awareness session was planned for 10<sup>th</sup> Feb 2023 in the campus.

On 10<sup>th</sup> Feb, the session started at 11 am with a welcome speech which was followed by an introduction of the resource person to the gathering by Ms. Shruthi Kumar. Later Dr. Sushruta spoke about Cancer, various types of cancer and how it is manifested along with the causes. Dr Sushruta also spoke about ways of detecting cancer in an early state and to prevent it by better lifestyle.

On completion of the talk about cancer for almost an hour, the platform was open for Q & A session where the participants raised lot of valid questions which made the session for fruitful and informative. Students asked many questions which were actually very valid to the gathering and the resource person out of her experience was able to clear the doubts in a very composed manner without creating any fear rather educating them more.

The awareness session extended to its second part where there was an awareness session exclusively for women on breast cancer and cervical cancer which is very commonly found. The session was very informative pertaining to the women related matters and also early detection through self-examination was explained by the Dr. Sushruta to the gathering. Many girl students were able to clarify their doubts regarding the matters leading to cancer and its early detection and treatment. The session went on for an hour including Q & A session.

Finally the session ended with a vote of thanks session by Arpitha, NSS volunteer who thanked the resource person, Mr. Vivek from SPARSH Hospital who had coordinated and made this wonderful awareness program happen. Arpitha also thanked the Principal for his support and the NSS team for taking up such an initiative to create awareness about a deadly disease condition which is one

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among the most common causes of death around the globe.

The session was very effective as it created a good amount of information about cancer, its prevention and treatment. Through live interactions, presentation and Q& A sessions, the program could meet its objectives of making the audience aware of cancer and also spread awareness among the public.

